

Name of dish	Peanuts	Nuts*	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur	Lupin	Gluten
SALADS														
HUMMUS FALAFEL P,IS				X										
TUNA NICOISE P,IS						X	X				X			
ROCKET, PARMESAN P, IS									X					
ROAST VEGETABLES P, IS												x		
PRAWN SALAD P, IS					X						X			
CHIKEN SALAD P,IS									x		x			
CHIKEN CHORIZO P,IS														
BEETROOT, ROAST SWEET POTATO GOAST CHEESE P, IS									X		X			
BEETROOT ROASTED BUTTERNUT SQUASH P,IS														
COUCOUS SALAD P												x		X wheat
DILL ROAST SALMON P,IS						X						X		
PASTA, SPINACH, PIENUT SALAD P,IS		X pine nut												X wheat
MOZARELLA TRICOLORE P, IS									x					
MIXED QUINOA, EDEMAME, OLIVES AND FETA P, IS								X	X		X			
ITALIAN SALAD P, IS									X			x		
GREEN BEAN, BROAD BEAN, SUGAR SNAP SALAD								X						

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INDIVIDUAL ITEMS														
VEGAN CHEESE SALAD GF				X				X						
SALMON AND CREAM CHEESE BAGEL						X			X					X wheat
EGG MAYO & CUMBERLAND SAUSAGE BRIOCHE ROLL							x		x			x		X wheat
EGG MAYO, BACON BRIOCHE ROLL							X		X					X wheat
PAIN AUX RAISIN							X		X			X		X wheat
PLAIN VEGAN CROISSANT								X						X wheat
RASPBERRY VEGAN CROISSANT								X						X wheat
ALMOND CROISSANT		almond					x		x					X wheat
CHOCOLATE CROISSANT							x		x					X wheat
PLAIN BUTTER CROISSANT							x		x					X wheat
HUMMUS FALAFEL GRILLED AUBERGINE SANDWICH GF				x										
HUMMUS FALAFEL AUBERGINE WRAP				x										X wheat
SMOKED SALMON SANDWICH GF				X		X			x					
CHEESE SALAD SANDWICH GF				X			x		x					
CHICKEN SANDWICH GF				X			x		x					

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INDIVIDUAL ITEMS														
BRIE ONION CHUTNEY BAGUETTE							x		x			x		X wheat
TUNA LETTUCE BAGUETTE						x	x		x					X wheat
HAM AND CHEDDAR SANDWICH							x		x		x			X wheat
TUNA SWEETCORN SANDWICH						x	x		x					X wheat
SMOKED SALMON CREAM CHEESE SANDWICH						x			x					X wheat
MOZZARELLA, SD TOMATO PESTO SANDWICH							x		x					X wheat
PARMA HAM, MOZZARELLA PESTO CIABATTA							x		x					X wheat
ROAST BEEF MUSTARD SANDWICH							x		x		x			X wheat
EGG MAYO AVO SPINACH WRAP							x		x					X wheat
EGG MAYO CRESS SD TOMATO SANDWICH							x		x					X wheat
MOZZARELLA, PESTO SD TOMATO CIABATTA							x		x					X wheat
CHEDDAR CHEESE SALAD SANDWICH							x		x					X wheat
BLT SANDWICH							x		x					X wheat
CAJUN CHICKEN LETTUCE BAGUETTE							x		x					X wheat
CHICKEN SALAD SANDWICH							x		xx					X wheat

